



Addendum to Athlete's Guide FAQs and Clarifications

**Supersedes Information in previously emailed Athlete's Guide.
The full guide will be updated and posted on the website and
Facebook tonight for reference.
Update information July 26, 8:00 PM.**

Packet Pickup

Susan Campbell Park, 1 Dock Street, T1 and Swim Start

Friday, July 27 2:00-8:00 PM
6:00 PM **Course Talk / Q&A** by Annapolis Tri Club
Saturday, July 28 4:30-6:00 AM

You will receive:

- Inaugural Annapolis Sailor's Triathlon Shirt
- Bib and pins (of course, you can use a belt, not provided)
- Bike and helmet numbers
- Clear plastic bag marked with your race number (for T1 gear)
- Swim cap (Orange for men, yellow for women). **Please note: cap is latex.**
- Wristband with your race number. This must be worn by all triathletes at all times.
This wristband:
 - Allows athletes access to transition areas (only athletes and Transition Volunteers are permitted in T1 and T2. No exceptions.)
 - Wristband number must match bike number when removing bike from T2.
- **Chip and ankle strap** NOTE: This is a change from an earlier email. We want to minimize your time in lines on race day. But please keep in mind: there is a \$75 replacement fee for lost chips. Chips will be collected by volunteers at the end of the race. If you forget your chip, we can give you a replacement, but you will be charged the \$75 fee and will be reimbursed when you return both chips.

No packets, chips, etc. will be distributed at the stadium. They will only be at Susan Campbell Park.

USAT Membership

Per USAT rules, triathletes must pick up their own packets. No exceptions. Relay members must pick up their own packets, and cannot pick up for the team. You must present a photo ID. On race day, a copy of your ID is acceptable. The copies can be left with the volunteers at packet pickup to be shredded.

Also per USAT rules, each triathlete must have either an annual or one-day membership to compete in a USAT sanctioned event. Proof of annual membership must be provided. If you do not have an annual or one-day USAT membership, you must purchase one for \$15 at packet pickup. This is a USAT rule. **An email has been sent through RunSignUp to all registrants who registered prior to the event receiving the USAT Sanction #294775.**

We will have paper waivers at packet pickup for all registrants who have not signed one and purchased the USAT membership. You can purchase your membership by cash, check or charge. The fees are \$50 for an adult annual membership, \$15 for an adult one-day membership, \$10 for a one-day youth (17 and under on 12/31).

Transitions

Transition 1: Susan Campbell Park, 1 Dock Street, City Dock, where packet pickup will be held on Friday and Saturday morning.

T1 will be open and bikes can be racked:

- Friday from 2:00 - 8:00 PM (we will have overnight security)
- Saturday morning beginning at 4:30 AM

Racking Bikes Saturday: After picking up your packet, you can drop off bikes and T1 gear prior to going to the stadium to park. You will then shuttle back down to the swim start / T1 area.

T1 Gear (pre-race): You should bring your other gear for T1 on Saturday morning.

T1 Gear Bag (post-swim): At packet pick-up, you will be given a clear plastic bag with your bib number for your gear. These will be collected by T1 volunteers and brought back to T2 at the stadium so they will be there when you finish the race.

Transition 2: Navy-Marine Corps Memorial Stadium. Opens at 4:30 AM on Saturday.

T2 Set-Up: Saturday morning before getting on the shuttle to the start.

Per USAT rules, NO bikes may be removed from T2 until all participant's bikes have been racked.

Time Limits

All runners must be to Gate 1 of the Naval Academy (approximate Run Mile 1.8) by 8:55 AM, as streets in the historic district must reopen by 9:00 AM. You will be directed to move to the side walk and follow pedestrian rules to finish the course. All roads, including those outside Gate 8 of the Naval Academy (approximate Run Mile 2.9) will reopen at 9:30 AM. There will be a sweep vehicle, but you will be allowed to continue on the sidewalks as a pedestrian. All triathletes must finish by 10:00 AM to receive a finishing time.

Parking

Parking Lot Opens: 4:30 AM

The \$10 stadium parking fee is included in your registration fee. All athletes must be in the stadium and parked by 6:15 AM. After that time, the stadium operator will charge \$10 for parking, cash only.

Shuttles to Start

Shuttles Start Loading: 4:30 AM
Last Shuttle from Stadium to Start: 6:15 AM

Shuttles will continue to do circuits from the start to the stadium until 9:00 AM.

Friends and family members are permitted to ride the shuttles between the stadium and the start / T1 area. **However, as the start time approaches, athletes will be given priority to ensure that they get to the start by 6:15. If the shuttles are full, non-triathletes will be asked to wait for another shuttle.**

You will need to be on the shuttle by **6:15 AM** to ensure that you make it to the start on time. (You will also need to be in the parking lot by 6:00 to have the parking fee covered by your race entry fee. Cars entering after that will be charged \$10, cash only, by Pinnacle Parking).

Shuttles will continue running from City Dock to the stadium until 9:00 AM, so relay team members, volunteers, and family members can get a ride back to the finish.

Body Marking

All participants must be marked with their race number right and left shoulder and age on their right calf. Volunteers will mark you at the stadium near the shuttle stop OR at City Dock near packet pickup.

Swim Start 6:30 AM

Swimmers will line up with faster swimmers first. Volunteers will signal when each group starts by dropping orange flags. Your time starts as you cross the timing wire when you jump in.

There will be orange buoys placed for site lines. Yellow buoys indicate a course turn. Make all turns with the buoy on your left.

There will be 3 boats and multiple kayaks and SUPs for assistance.

There will be a swim warm-up from 5:30-6:00 AM. You must exit the water at 6:00 AM.

Relay Teams

Timing chips must be exchanged in the transition areas. All team members must be body marked with race number and age. The teammate doing the bike leg will receive the bike and helmet numbers, the runner will receive the race bib.

Important to Keep in Mind

It is mandatory that bike helmets must be clipped on. Failure to do so will result in a DQ.

Bibs **MUST** be worn on the **front** by all athletes during the run leg. The bib can be pinned on or worn on a belt. Runners entering the Naval Academy **MUST** wear a shirt and have their bib and body marking or they will be refused entry into the Academy by the Navy Police. Thank you for your cooperation. We are privileged to be able to run through the Academy.

Wear your chip on the left ankle so it doesn't catch on your bike gears.

No littering on the course.

Bike Doctor will be at T1 starting at 4:30 AM with tire pumps and to help with minor adjustments. USAT rules calls for the ends of all handle bars must be capped.

Please follow the direction of all officers and volunteers.

Be safe. Have fun. Enjoy Annapolis, Anne Arundel County and Maryland.